

SPEISEPLAN

08.09.2025 - 14.09.2025

KW 37	Vollkost	Vegetarische Kost
Montag 08.09.2025	Paniertes Hähnchenschnitzel mit Kartoffelgratin und Broccoli 1/A/C/G/I/J' Limettenquark 7/G/H' 853 kCal 77,6g KH 28,8g Zucker 38,4g Fett 14g ges. FS 45,6g EW 6,4g Salz	Kartoffelcurry vegetarisch 2/3/A'/F'/J' Limettenquark 7/G/H' 510 kCal 59g KH 28,4g Zucker 17,6g Fett 16,1g ges. FS 23,3g EW 8,8g Salz
Dienstag 09.09.2025	Backfisch mit Remoulade dazu Petersilienkartoffeln und einen Blattsalat in Sahnedressing 1/3/7/8/9/A1/A2/A3/A4/B/C/D/E/F/G/H1/H2/H3/H4/H5/H6/H7/H8/I/J/K/L Pralinencreme A'/C'/G/H' 754 kCal 68,6g KH 19,4g Zucker 37g Fett 14,2g ges. FS 33,6g EW 3g Salz	Quinoa-Bratling mit Möhren und Kartoffelgratin A/A1/A4/C/G/I/J/L Pralinencreme A'/C'/G/H' 927 kCal 88g KH 25,6g Zucker 51g Fett 32,5g ges. FS 23,1g EW 7,7g Salz
Mittwoch 10.09.2025	Erbseintopf mit Speck und einer Bockwurst 2/3/8/A/G/I/J Caramelcreme A'/A1'/A2'/A3'/A4'/C'/G/H'/H1'/H2'/H3'/H4'/H5'/H6'/H7'/H8'/H9'/H10'/H11'/H12'/H13'/H14'/H15'/H16'/H17'/H18'/H19'/H20'/H21'/H22'/H23'/H24'/H25'/H26'/H27'/H28'/H29'/H30'/H31'/H32'/H33'/H34'/H35'/H36'/H37'/H38'/H39'/H40'/H41'/H42'/H43'/H44'/H45'/H46'/H47'/H48'/H49'/H50'/H51'/H52'/H53'/H54'/H55'/H56'/H57'/H58'/H59'/H60'/H61'/H62'/H63'/H64'/H65'/H66'/H67'/H68'/H69'/H70'/H71'/H72'/H73'/H74'/H75'/H76'/H77'/H78'/H79'/H80'/H81'/H82'/H83'/H84'/H85'/H86'/H87'/H88'/H89'/H90'/H91'/H92'/H93'/H94'/H95'/H96'/H97'/H98'/H99'/H100'/H101'/H102'/H103'/H104'/H105'/H106'/H107'/H108'/H109'/H110'/H111'/H112'/H113'/H114'/H115'/H116'/H117'/H118'/H119'/H120'/H121'/H122'/H123'/H124'/H125'/H126'/H127'/H128'/H129'/H130'/H131'/H132'/H133'/H134'/H135'/H136'/H137'/H138'/H139'/H140'/H141'/H142'/H143'/H144'/H145'/H146'/H147'/H148'/H149'/H150'/H151'/H152'/H153'/H154'/H155'/H156'/H157'/H158'/H159'/H160'/H161'/H162'/H163'/H164'/H165'/H166'/H167'/H168'/H169'/H170'/H171'/H172'/H173'/H174'/H175'/H176'/H177'/H178'/H179'/H180'/H181'/H182'/H183'/H184'/H185'/H186'/H187'/H188'/H189'/H190'/H191'/H192'/H193'/H194'/H195'/H196'/H197'/H198'/H199'/H200'/H201'/H202'/H203'/H204'/H205'/H206'/H207'/H208'/H209'/H210'/H211'/H212'/H213'/H214'/H215'/H216'/H217'/H218'/H219'/H220'/H221'/H222'/H223'/H224'/H225'/H226'/H227'/H228'/H229'/H230'/H231'/H232'/H233'/H234'/H235'/H236'/H237'/H238'/H239'/H240'/H241'/H242'/H243'/H244'/H245'/H246'/H247'/H248'/H249'/H250'/H251'/H252'/H253'/H254'/H255'/H256'/H257'/H258'/H259'/H260'/H261'/H262'/H263'/H264'/H265'/H266'/H267'/H268'/H269'/H270'/H271'/H272'/H273'/H274'/H275'/H276'/H277'/H278'/H279'/H280'/H281'/H282'/H283'/H284'/H285'/H286'/H287'/H288'/H289'/H290'/H291'/H292'/H293'/H294'/H295'/H296'/H297'/H298'/H299'/H300'/H301'/H302'/H303'/H304'/H305'/H306'/H307'/H308'/H309'/H310'/H311'/H312'/H313'/H314'/H315'/H316'/H317'/H318'/H319'/H320'/H321'/H322'/H323'/H324'/H325'/H326'/H327'/H328'/H329'/H330'/H331'/H332'/H333'/H334'/H335'/H336'/H337'/H338'/H339'/H340'/H341'/H342'/H343'/H344'/H345'/H346'/H347'/H348'/H349'/H350'/H351'/H352'/H353'/H354'/H355'/H356'/H357'/H358'/H359'/H360'/H361'/H362'/H363'/H364'/H365'/H366'/H367'/H368'/H369'/H370'/H371'/H372'/H373'/H374'/H375'/H376'/H377'/H378'/H379'/H380'/H381'/H382'/H383'/H384'/H385'/H386'/H387'/H388'/H389'/H390'/H391'/H392'/H393'/H394'/H395'/H396'/H397'/H398'/H399'/H400'/H401'/H402'/H403'/H404'/H405'/H406'/H407'/H408'/H409'/H410'/H411'/H412'/H413'/H414'/H415'/H416'/H417'/H418'/H419'/H420'/H421'/H422'/H423'/H424'/H425'/H426'/H427'/H428'/H429'/H430'/H431'/H432'/H433'/H434'/H435'/H436'/H437'/H438'/H439'/H440'/H441'/H442'/H443'/H444'/H445'/H446'/H447'/H448'/H449'/H450'/H451'/H452'/H453'/H454'/H455'/H456'/H457'/H458'/H459'/H460'/H461'/H462'/H463'/H464'/H465'/H466'/H467'/H468'/H469'/H470'/H471'/H472'/H473'/H474'/H475'/H476'/H477'/H478'/H479'/H480'/H481'/H482'/H483'/H484'/H485'/H486'/H487'/H488'/H489'/H490'/H491'/H492'/H493'/H494'/H495'/H496'/H497'/H498'/H499'/H500'/H501'/H502'/H503'/H504'/H505'/H506'/H507'/H508'/H509'/H510'/H511'/H512'/H513'/H514'/H515'/H516'/H517'/H518'/H519'/H520'/H521'/H522'/H523'/H524'/H525'/H526'/H527'/H528'/H529'/H530'/H531'/H532'/H533'/H534'/H535'/H536'/H537'/H538'/H539'/H540'/H541'/H542'/H543'/H544'/H545'/H546'/H547'/H548'/H549'/H550'/H551'/H552'/H553'/H554'/H555'/H556'/H557'/H558'/H559'/H560'/H561'/H562'/H563'/H564'/H565'/H566'/H567'/H568'/H569'/H570'/H571'/H572'/H573'/H574'/H575'/H576'/H577'/H578'/H579'/H580'/H581'/H582'/H583'/H584'/H585'/H586'/H587'/H588'/H589'/H590'/H591'/H592'/H593'/H594'/H595'/H596'/H597'/H598'/H599'/H600'/H601'/H602'/H603'/H604'/H605'/H606'/H607'/H608'/H609'/H610'/H611'/H612'/H613'/H614'/H615'/H616'/H617'/H618'/H619'/H620'/H621'/H622'/H623'/H624'/H625'/H626'/H627'/H628'/H629'/H630'/H631'/H632'/H633'/H634'/H635'/H636'/H637'/H638'/H639'/H640'/H641'/H642'/H643'/H644'/H645'/H646'/H647'/H648'/H649'/H650'/H651'/H652'/H653'/H654'/H655'/H656'/H657'/H658'/H659'/H660'/H661'/H662'/H663'/H664'/H665'/H666'/H667'/H668'/H669'/H670'/H671'/H672'/H673'/H674'/H675'/H676'/H677'/H678'/H679'/H680'/H681'/H682'/H683'/H684'/H685'/H686'/H687'/H688'/H689'/H690'/H691'/H692'/H693'/H694'/H695'/H696'/H697'/H698'/H699'/H700'/H701'/H702'/H703'/H704'/H705'/H706'/H707'/H708'/H709'/H710'/H711'/H712'/H713'/H714'/H715'/H716'/H717'/H718'/H719'/H720'/H721'/H722'/H723'/H724'/H725'/H726'/H727'/H728'/H729'/H730'/H731'/H732'/H733'/H734'/H735'/H736'/H737'/H738'/H739'/H740'/H741'/H742'/H743'/H744'/H745'/H746'/H747'/H748'/H749'/H750'/H751'/H752'/H753'/H754'/H755'/H756'/H757'/H758'/H759'/H760'/H761'/H762'/H763'/H764'/H765'/H766'/H767'/H768'/H769'/H770'/H771'/H772'/H773'/H774'/H775'/H776'/H777'/H778'/H779'/H780'/H781'/H782'/H783'/H784'/H785'/H786'/H787'/H788'/H789'/H790'/H791'/H792'/H793'/H794'/H795'/H796'/H797'/H798'/H799'/H800'/H801'/H802'/H803'/H804'/H805'/H806'/H807'/H808'/H809'/H810'/H811'/H812'/H813'/H814'/H815'/H816'/H817'/H818'/H819'/H820'/H821'/H822'/H823'/H824'/H825'/H826'/H827'/H828'/H829'/H830'/H831'/H832'/H833'/H834'/H835'/H836'/H837'/H838'/H839'/H840'/H841'/H842'/H843'/H844'/H845'/H846'/H847'/H848'/H849'/H850'/H851'/H852'/H853'/H854'/H855'/H856'/H857'/H858'/H859'/H860'/H861'/H862'/H863'/H864'/H865'/H866'/H867'/H868'/H869'/H870'/H871'/H872'/H873'/H874'/H875'/H876'/H877'/H878'/H879'/H880'/H881'/H882'/H883'/H884'/H885'/H886'/H887'/H888'/H889'/H890'/H891'/H892'/H893'/H894'/H895'/H896'/H897'/H898'/H899'/H900'/H901'/H902'/H903'/H904'/H905'/H906'/H907'/H908'/H909'/H910'/H911'/H912'/H913'/H914'/H915'/H916'/H917'/H918'/H919'/H920'/H921'/H922'/H923'/H924'/H925'/H926'/H927'/H928'/H929'/H930'/H931'/H932'/H933'/H934'/H935'/H936'/H937'/H938'/H939'/H940'/H941'/H942'/H943'/H944'/H945'/H946'/H947'/H948'/H949'/H950'/H951'/H952'/H953'/H954'/H955'/H956'/H957'/H958'/H959'/H960'/H961'/H962'/H963'/H964'/H965'/H966'/H967'/H968'/H969'/H970'/H971'/H972'/H973'/H974'/H975'/H976'/H977'/H978'/H979'/H980'/H981'/H982'/H983'/H984'/H985'/H986'/H987'/H988'/H989'/H990'/H991'/H992'/H993'/H994'/H995'/H996'/H997'/H998'/H999'/H1000'/H1001'/H1002'/H1003'/H1004'/H1005'/H1006'/H1007'/H1008'/H1009'/H1010'/H1011'/H1012'/H1013'/H1014'/H1015'/H1016'/H1017'/H1018'/H1019'/H1020'/H1021'/H1022'/H1023'/H1024'/H1025'/H1026'/H1027'/H1028'/H1029'/H1030'/H1031'/H1032'/H1033'/H1034'/H1035'/H1036'/H1037'/H1038'/H1039'/H1040'/H1041'/H1042'/H1043'/H1044'/H1045'/H1046'/H1047'/H1048'/H1049'/H1050'/H1051'/H1052'/H1053'/H1054'/H1055'/H1056'/H1057'/H1058'/H1059'/H1060'/H1061'/H1062'/H1063'/H1064'/H1065'/H1066'/H1067'/H1068'/H1069'/H1070'/H1071'/H1072'/H1073'/H1074'/H1075'/H1076'/H1077'/H1078'/H1079'/H1080'/H1081'/H1082'/H1083'/H1084'/H1085'/H1086'/H1087'/H1088'/H1089'/H1090'/H1091'/H1092'/H1093'/H1094'/H1095'/H1096'/H1097'/H1098'/H1099'/H1100'/H1101'/H1102'/H1103'/H1104'/H1105'/H1106'/H1107'/H1108'/H1109'/H1110'/H1111'/H1112'/H1113'/H1114'/H1115'/H1116'/H1117'/H1118'/H1119'/H1120'/H1121'/H1122'/H1123'/H1124'/H1125'/H1126'/H1127'/H1128'/H1129'/H1130'/H1131'/H1132'/H1133'/H1134'/H1135'/H1136'/H1137'/H1138'/H1139'/H1140'/H1141'/H1142'/H1143'/H1144'/H1145'/H1146'/H1147'/H1148'/H1149'/H1150'/H1151'/H1152'/H1153'/H1154'/H1155'/H1156'/H1157'/H1158'/H1159'/H1160'/H1161'/H1162'/H1163'/H1164'/H1165'/H1166'/H1167'/H1168'/H1169'/H1170'/H1171'/H1172'/H1173'/H1174'/H1175'/H1176'/H1177'/H1178'/H1179'/H1180'/H1181'/H1182'/H1183'/H1184'/H1185'/H1186'/H1187'/H1188'/H1189'/H1190'/H1191'/H1192'/H1193'/H1194'/H1195'/H1196'/H1197'/H1198'/H1199'/H1200'/H1201'/H1202'/H1203'/H1204'/H1205'/H1206'/H1207'/H1208'/H1209'/H1210'/H1211'/H1212'/H1213'/H1214'/H1215'/H1216'/H1217'/H1218'/H1219'/H1220'/H1221'/H1222'/H1223'/H1224'/H1225'/H1226'/H1227'/H1228'/H1229'/H1230'/H1231'/H1232'/H1233'/H1234'/H1235'/H1236'/H1237'/H1238'/H1239'/H1240'/H1241'/H1242'/H1243'/H1244'/H1245'/H1246'/H1247'/H1248'/H1249'/H1250'/H1251'/H1252'/H1253'/H1254'/H1255'/H1256'/H1257'/H1258'/H1259'/H1260'/H1261'/H1262'/H1263'/H1264'/H1265'/H1266'/H1267'/H1268'/H1269'/H1270'/H1271'/H1272'/H1273'/H1274'/H1275'/H1276'/H1277'/H1278'/H1279'/H1280'/H1281'/H1282'/H1283'/H1284'/H1285'/H1286'/H1287'/H1288'/H1289'/H1290'/H1291'/H1292'/H1293'/H1294'/H1295'/H1296'/H1297'/H1298'/H1299'/H1300'/H1301'/H1302'/H1303'/H1304'/H1305'/H1306'/H1307'/H1308'/H1309'/H1310'/H1311'/H1312'/H1313'/H1314'/H1315'/H1316'/H1317'/H1318'/H1319'/H1320'/H1321'/H1322'/H1323'/H1324'/H1325'/H1326'/H1327'/H1328'/H1329'/H1330'/H1331'/H1332'/H1333'/H1334'/H1335'/H1336'/H1337'/H1338'/H1339'/H1340'/H1341'/H1342'/H1343'/H1344'/H1345'/H1346'/H1347'/H1348'/H1349'/H1350'/H1351'/H1352'/H1353'/H1354'/H1355'/H1356'/H1357'/H1358'/H1359'/H1360'/H1361'/H1362'/H1363'/H1364'/H1365'/H1366'/H1367'/H1368'/H1369'/H1370'/H1371'/H1372'/H1373'/H1374'/H1375'/H1376'/H1377'/H1378'/H1379'/H1380'/H1381'/H1382'/H1383'/H1384'/H1385'/H1386'/H1387'/H1388'/H1389'/H1390'/H1391'/H1392'/H1393'/H1394'/H1395'/H1396'/H1397'/H1398'/H1399'/H1400'/H1401'/H1402'/H1403'/H1404'/H1405'/H1406'/H1407'/H1408'/H1409'/H1410'/H1411'/H1412'/H1413'/H1414'/H1415'/H1416'/H1417'/H1418'/H1419'/H1420'/H1421'/H1422'/H1423'/H1424'/H1425'/H1426'/H1427'/H1428'/H1429'/H1430'/H1431'/H1432'/H1433'/H1434'/H1435'/H1436'/H1437'/H1438'/H1439'/H1440'/H1441'/H1442'/H1443'/H1444'/H1445'/H1446'/H1447'/H1448'/H1449'/H1450'/H1451'/H1452'/H1453'/H1454'/H1455'/H1456'/H1457'/H1458'/H1459'/H1460'/H1461'/H1462'/H1463'/H1464'/H1465'/H1466'/H1467'/H1468'/H1469'/H1470'/H1471'/H1472'/H1473'/H1474'/H1475'/H1476'/H1477'/H1478'/H1479'/H1480'/H1481'/H1482'/H1483'/H1484'/H1485'/H1486'/H1487'/H1488'/H1489'/H1490'/H1491'/H1492'/H1493'/H1494'/H1495'/H1496'/H1497'/H1498'/H1499'/H1500'/H1501'/H1502'/H1503'/H1504'/H1505'/H1506'/H1507'/H1508'/H1509'/H1510'/H1511'/H1512'/H1513'/H1514'/H1515'/H1516'/H1517'/H1518'/H1519'/H1520'/H1521'/H1522'/H1523'/H1524'/H1525'/H1526'/H1527'/H1528'/H1529'/H1530'/H1531'/H1532'/H1533'/H1534'/H1535'/H1536'/H1537'/H1538'/H1539'/H1540'/H1541'/H1542'/H1543'/H1544'/H1545'/H1546'/H1547'/H1548'/H1549'/H1550'/H1551'/H1552'/H1553'/H1554'/H1555'/H1556'/H1557'/H1558'/H1559'/H1560'/H1561'/H1562'/H1563'/H1564'/H1565'/H1566'/H1567'/H1568'/H1569'/H1570'/H1571'/H1572'/H1573'/H1574'/H1575'/H1576'/H1577'/H1578'/H1579'/H1580'/H1581'/H1582'/H1583'/H1584'/H1585'/H1586'/H1587'/H1588'/H1589'/H1590'/H1591'/H1592'/H1593'/H1594'/H1595'/H1596'/H1597'/H1598'/H1599'/H1600'/H1601'/H1602'/H1603'/H1604'/H1605'/H1606'/H1607'/H1608'/H1609'/H1610'/H1611'/H1612'/H1613'/H1614'/H1615'/H1616'/H1617'/H1618'/H1619'/H1620'/H1621'/H1622'/H1623'/H1624'/H1625'/H1626'/H1627'/H1628'/H1629'/H1630'/H1631'/H1632'/H1633'/H1634'/H1635'/H1636'/H1637'/H1638'/H1639'/H1640'/H1641'/H1642'/H1643'/H1644'/H1645'/H1646'/H1647'/H1648'/H1649'/H1650'/H1651'/H1652'/H1653'/H1654'/H1655'/H1656'/H1657'/H1658'/H1659'/H1660'/H1661'/H1662'/H1663'/H1664'/H1665'/H1666'/H1667'/H1668'/H1669'/H1670'/H1671'/H1672'/H1673'/H1674'/H1675'/H1676'/H1677'/H1678'/H1679'/H1680'/H1681'/H1682'/H1683'/H1684'/H1685'/H1686'/H1687'/H1688'/H1689'/H1690'/H1691'/H1692'/H1693'/H1694'/H1695'/H1696'/H1697'/H1698'/H1699'/H1700'/H1701'/H1702'/H1703'/H1704'/H1705'/H1706'/H1707'/H1708'/H1709'/H1710'/H1711'/H1712'/H1713'/H1714'/H1715'/H1716'/H1717'/H1718'/H1719'/H1720'/H1721'/H1722'/H1723'/H1724'/H1725'/H1726'/H1727'/H1728'/H1729'/H1730'/H1731'/H1732'/H1733'/H1734'/H1735'/H1736'/H1737'/H1738'/H1739'/H1740'/H1741'/H1742'/H1743'/H1744'/H1745'/H1746'/H1747'/H1748'/H1749'/H1750'/H1751'/H1752'/H1753'/H1754'/H1755'/H1756'/H1757'/H1758'/H1759'/H1760'/H1761'/H1762'/H1763'/H1764'/H1765'/H1766'/H1767'/H1768'/H1769'/H1770'/H1771'/H1772'/H1773'/H1774'/H1775'/H1776'/H1777'/H1778'/H1779'/H1780'/H1781'/H1782'/H1783'/H1784'/H1785'/H1786'/H1787'/H1788'/H1789'/H1790'/H1791'/H1792'/H1793'/H1794'/H1795'/H1796'/H1797'/H1798'/H1799'/H1800'/H1801'/H1802'/H1803'/H1804'/H1805'/H1806'/H1807'/H1808'/H1809'/H1810'/H1811'/H1812'/H1813'/H1814'/H1815'/H1816'/H1817'/H1818'/H1819'/H1820'/H1821'/H1822'/H1823'/H1824'/H1825'/H1826'/H1827'/H1828'/H1829'/H1830'/H1831'/H1832'/H1833'/H1834'/H1835'/H1836'/H1837'/H1838'/H1839'/H1840'/H1841'/H1842'/H1843'/H1844'/H1845'/H1846'/H1847'/H1848'/H1849'/H1850'/H1851'/H1852'/H1853'/H1854'/H1855'/H1856'/H1857'/H1858'/H1859'/H1860'/H1861'/H1862'/H1863'/H1864'/H1865'/H1866'/H1867'/H1868'/H1869'/H1870'/H1871'/H1872'/H1873'/H1874'/H1875'/H1876'/H1877'/H1878'/H1879'/H1880'/H1881'/H1882'/H1883'/H1884'/H1885'/H1886'/H1887'/H1888'/H1889'/H1890'/H1891'/H1892'/H1893'/H1894'/H1895'/H1896'/H1897'/H1898'/H1899'/H1900'/H1901'/H1902'/H1903'/H1904'/H1905'/H1906'/H1907'/H1908'/H1909'/H1910'/H1911'/H1912'/H1913'/H1914'/H1915'/H1916'/H1917'/H1918'/H1919'/H1920'/H1921'/H1922'/H1923'/H1924'/H1925'/H1926'/H1927'/H1928'/H1929'/H1930'/H1931'/H1932'/H1933'/H1934'/H1935'/H1936'/H1937'/H1938'/H1939'/H1940'/H1941'/H1942'/H1943'/H1944'/H1945'/H1946'/H1947'/H1948'/H1949'/H1950'/H1951'/H1952'/H1953'/H1954'/H1955'/H1956'/H1957'/H1958'/H1959'/H1960'/H1961'/H1962'/H1963'/H1964'/H1965'/H1966'/H1967'/H1968'/H1969'/H1970'/H1971'/H1972'/H1973'/H1974'/H1975'/H1976'/H1977'/H1978'/H1979'/H1980'/H1981'/H1982'/H1983'/H1984'/H1985'/H1986'/H1987'/H1988'/H1989'/H1990'/H1991'/H1992'/H1993'/H1994'/H1995'/H1996'/H1997'/H1998'/H1999'/H2000'/H2001'/H2002'/H2003'/H2004'/H2005'/H2006'/H2007'/H2008'/H2009'/H2010'/H2011'/H2012'/H2013'/H2014'/H2015'/H2016'/H2017'/H2018'/H2019'/H2020'/H2021'/H2022'/H2023'/H2024'/H2025'/H2026'/H2027'/H2028'/H2029'/H2030'/H2031'/H2032'/H2033'/H2034'/H2035'/H2036'/H2037'/H2038'/H2039'/H2040'/H2041'/H2042'/H2043'/H2044'/H2045'/H2046'/H2047'/H2048'/H2049'/H2050'/H2051'/H2052'/H2053'/H2054'/H2055'/H2056'/H2057'/H2058'/H2059'/H2060'/H2061'/H2062'/H2063'/H2064'/H2065'/H2066'/H2067'/H2068'/H2069'/H2070'/H2071'/H2072'/H2073'/H2074'/H2075'/H2076'/H2077'/H2078'/H2079'/H2080'/H2081'/H2082'/H2083'/H2084'/H2085'/H2086'/H2087'/H2088'/H2089'/H2090'/H2091'/H2092'/H2093'/H2094'/H2095'/H2096'/H2097'/H2098'/H2099'/H2100'/H2101'/H2102'/H2103'/H2104'/H2105'/H2106'/H210	

37.KW

Vollkost ohne Schwein

Montag

Paniertes Hähnchenschnitzel mit Kartoffelgratin und Broccoli

1/3/A/A1/C/G/I/J'

Limettenquark

F/G

585 kCal 53,7g KH 23,3g Zucker 26,2g Fett 9,1g ges. FS 30,9g EW 4,1g Salz

Dienstag

Backfisch mit Remoulade, Petersilienkartoffeln und einem Blattsalat mit Sahnedressing

1/2/3/7/8/9/A/A1/A3/
C/D/F'/G/H'/I/J/K'/L/M'

Pralinencreme

A'/A1'/A2'/A3'/A4'/C'/
G/H'/H1'/H2'/H3'/H8'

779 kCal 79,8g KH 24,7g Zucker 43,5g Fett 15g ges. FS 14,4g EW 3,2g Salz

Mittwoch

Tortellini mit Spinat gefüllt, dazu Tomaten-Oliven Sugo, und einem Blattsalat

1/3/6/A/A1/C/E/F/G/
H/H1/H2/H3/H4/H7/
I/K/L/N

677 kCal 65,7g KH 19g Zucker 29,6g Fett 13,4g ges. FS 32,8g EW 2,5g Salz

Donnerstag

Geflügelroulade mit Rahmsauce dazu buntes Gemüse und Kartoffelklöße

1/2/3/A/A1/C/G/I/J/L

Haselnusspudding

1/E/G/H/H1/H2/H3/
H4/H5/H6/H7/H8

779 kCal 91,2g KH 43,4g Zucker 29,5g Fett 12,6g ges. FS 31g EW 5,2g Salz

Zusatzstoffe & Allergene:

1 Farbstoff, 2 Konservierungsstoff, 3 Antioxidationsmittel, 4 Geschmacksverstärker, 6 geschwärzt, 7 gewachst, 8 mit Phosphat, 9 Süßungsmittel, A enthält glutenhaltiges Getreide, A1 enthält Weizen, Dinkel, Khorsan-Weizen, A2 enthält Roggen, A3 enthält Gerste, A4 enthält Hafer, B enthält Krebstiere, C enthält Eier, D enthält Fisch, E enthält Erdnüsse, F enthält Soja, G enthält Milch, H enthält Schalenfrüchte (Nüsse), H1 enthält Haselnüsse, H2 enthält Mandeln, H3 enthält Walnüsse, H4 enthält Cashewnüsse, H5 enthält Pekannüsse, H6 enthält Paranüsse, H7 enthält Macadamianüsse, H8 enthält Pistazien, I enthält Sellerie, J enthält Senf, K enthält Sesam, L enthält Schwefeldioxid und Sulfite, M enthält Lupine, N enthält Weichtiere/erzeugnisse

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Änderungen vorbehalten